

Applied Behavior Analysis (ABA) Providers Serving Iowa Families

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Please verify therapy availability, funding options, and address with your provider of choice.

There may be a waiting list for services.

Information included in this list is up to date to the best of our knowledge. The Iowa Regional Autism Assistance Program (RAP) does not rate or endorse any agency. To suggest additions or edits, please email erika-hertel@uiowa.edu.

Updated 6/16/2026

ABA Providers

by City

- **Ames:** Axis Therapy Centers, Beyond Behavior ABA, ChildServe
- **Bettendorf:** Beyond Behavior ABA, Caravel Autism Health, KMK Consulting, Inc.
- **Burlington:** Balance Autism, Beyond Behavior ABA
- **Carroll:** Beyond Behavior ABA
- **Cedar Falls:** Lighthouse Autism Center
- **Cedar Rapids area:**
 - Cedar Rapids: Balance Autism, Beyond Behavior ABA, Circle City ABA, Lighthouse Autism Center, Step Ahead ABA, Stride Autism Centers
 - Hiawatha: Caravel Autism Health, Stride Autism Centers
 - Marion: ChildServe, Lighthouse Autism Center
- **Clear Lake:** Axis Therapy Centers
- **Clinton:** Beyond Behavior ABA, Lighthouse Autism Center
- **Council Bluffs:** Lighthouse Autism Center
- **Cresco:** Learn Play Academy
- **Davenport:** Balance Autism, Caravel Autism Health, Lighthouse Autism Center, Stride Autism Centers (Davenport & West Davenport)
- **Denison:** Beyond Behavior ABA
- **Des Moines area:**
 - Adel: Innovative Behavioral Therapy
 - Altoona: Balance Autism, Midwest Autism & Therapy Center
 - Ankeny: Axis Therapy Centers, Caravel Autism Health, Circle City ABA, Emergent Learning Clinic, Midwest Autism & Therapy Center
 - Clive: Balance Autism, Balance Autism-Metro West, Stride Autism Centers
 - Des Moines: Step Ahead ABA, Stride Autism Centers
 - Johnston: ChildServe, Circle City ABA, Kind and Uplifting ABA, Stride Autism Centers
 - Urbandale: Axis Therapy Centers, Bista, Caravel Autism Health, New View Autism Clinic, Stride Autism Centers
 - Waukee: Midwest Autism & Therapy Center, Stride Autism Centers
 - West Des Moines: Axis Therapy Centers, Midwest Autism & Therapy Center, Stride Autism Centers
- **Dubuque area:**
 - Dubuque: Caravel Autism Health, Hills and Dales
 - Dyersville: Hills and Dales
 - Maquoketa: Hills and Dales
- **Fort Dodge:** Axis Therapy Centers
- **Harlan:** Beyond Behavior ABA
- **Indianola:** Jaybird ABA
- **Iowa City area:**
 - Coralville: Balance Autism, ChildServe, Stride Autism Centers
 - Iowa City: American Behavioral Consulting of Iowa, Caravel Autism Health, Step Ahead ABA, University of Iowa Stead Family Children's Hospital Autism Center

- North Liberty: Lighthouse Autism Center
- **Lakeview:** Beyond Behavior ABA (Fall 2026 opening)
- **Mount Pleasant:** Lighthouse Autism Center
- **Muscatine:** Advantage Autism, Beyond Behavior ABA
- **Pella:** Developmental Wellness
- **Rock Valley: Rise** ABA
- **Sibley:** InterAct ABA
- **Sioux Center:** Dordt University Thrive Center
- **Sioux City:** Become BEST, Briar Cliff University, Pier Center for Autism, Stride Autism Centers
- **Spencer:** Ike and Ivy Learning
- **Spirit Lake:** Rise ABA
- **Waterloo:** Balance Autism, Lighthouse Autism Center
- **Waverly:** Beyond Behavior ABA

Iowa – In-Home Providers Serving Multiple Areas or Statewide

- **A New Start ABA** Des Moines, Muscatine and the surrounding communities
- **Arlo ABA** Des Moines, Sioux City, Davenport, Council Bluffs, Coon Rapids, and the surrounding communities
- **AtlasCare ABA** Ames, Cedar Rapids, Davenport, Des Moines, Iowa City, Sioux City, West Des Moines, and other locations
- **Carelinks ABA Therapy** Des Moines, Cedar Rapids, Davenport, Iowa City, and throughout Iowa
- **Gracious Growth ABA** throughout Iowa
- **Great Day ABA** Des Moines and surrounding area
- **Heartland ABA** Cedar Rapids, Davenport, Dubuque, and throughout Iowa
- **Spirit ABA** throughout Iowa

Neighboring States

- **Illinois - East Moline, IL:** Lighthouse Autism Center
- **Nebraska**
 - **Omaha, NE:** Autism Learning Collaborative, Blue Gems ABA, Lighthouse Autism Center, Munroe-Meyer Institute, Radical Minds, Stride Autism Centers
 - **South Sioux City, NE:** Lighthouse Autism Center
- **South Dakota - Sioux Falls, SD:** Catalyst Behavior Solutions

ABA Providers

Alphabetical Order, With Details

Advantage Autism and Therapy Services (In-home ABA, Muscatine area)

2111 15th Street

Atalissa, IA 52720

563-299-0886, bharvey@advantageautism.com

<https://www.advantageautism.com/>

Funding options: Medicaid, Private Insurance, Private Pay

American Behavioral Consulting of Iowa LLC (Serving ages 15 and under, Iowa City-Cedar Rapids Corridor, Manchester)

485 Hwy 1 W

Iowa City, IA 52246

319-351-5524, Abcofiowallc@gmail.com

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

A New Start ABA

In-home ABA serving Muscatine region

563-205-9885, info@anewstartaba.com

<https://www.anewstartaba.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Arlo ABA

In-home ABA serving Des Moines, Sioux City, Davenport, Council Bluffs, Coon Rapids, and the surrounding communities

405-422-0304, Intake@arlobaba.com

<https://arloaba.com/>

Funding options: Medicaid, Private Insurance, Private Pay

AtlasCare ABA

In-home ABA serving Ames, Cedar Rapids, Davenport, Des Moines, Iowa City, Sioux City, West Des Moines, and other locations

888-349-3918, info@atlascareaba.com

<https://www.atlascareaba.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Autism Learning Collaborative

11906 Arbor Street

Omaha, NE 68144

844-668-8163, info@autismlearningcollaborative.com

www.autismlearningcollaborative.com

Funding options: Medicaid, Private Insurance, Private Pay

Axis Therapy Centers

1315 S. Bell Avenue, Suite 108

Ames, IA 50010

515-337-0343, Info@axisaba.com

<https://axistherapycenters.com>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Axis Therapy Centers

220 W. 1st Street, Suite 100

Ankeny, IA 50021

515-261-2402, Info@axisaba.com

<https://axistherapycenters.com>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Axis Therapy Centers

1020 Buddy Holly Place

Clear Lake, IA 50428

(641) 352-7671, info@myaxistherapy.com

<https://axistherapycenters.com>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Axis Therapy Centers

2520 9th Avenue South

Fort Dodge, Iowa 50501

515-293-5620, Info@axisaba.com

<https://axistherapycenters.com>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Axis Therapy Centers

4406 114th Street

Urbandale, IA 50322

515-505-7283, Info@axisaba.com

<https://axistherapycenters.com>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Axis Therapy Centers

7755 Office Plaza Drive N., Suite 105

West Des Moines, IA 50266

515-505-7283, Info@axisaba.com

<https://axistherapycenters.com>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Balance Autism

1625 Adventureland Drive, Suite B

Altoona, IA 50009

515-967-4369 or 888-228-8476

<https://www.balanceautism.org/>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Balance Autism

2209 Northern Drive

Burlington, IA 52601

319-243-1524 or 888-228-8476

<https://www.balanceautism.org/>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Balance Autism

700 Bell Drive SW

Cedar Rapids, IA 52404

319-294-9577 or 888-228-8476

<https://www.balanceautism.org/>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Balance Autism

1860 NW 118th Street, Suite 100

Clive, IA 50325

515-402-4130 or 888-228-8476

<https://www.balanceautism.org/>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Balance Autism

2205 East Grantview Drive

Coralville, IA 52241

319-294-9609 or 888-228-8476

<https://www.balanceautism.org/>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Balance Autism

4959 Utica Ridge Road

Davenport, IA 52807

563-362-9631 or 888-228-8476

<https://www.balanceautism.org/>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Balance Autism

815 Tower Park Drive

Waterloo, IA 50701

319-242-7642 or 888-228-8476

<https://www.balanceautism.org/>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Balance Autism – Metro West

13300 Hickman Road #110

Clive, IA 50325

515-987-8835 or 888-228-8476

<https://www.balanceautism.org/>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Become BEST

1019 Jones St.

Sioux City, IA 51106

712-746-7447, admin@becomeaba.com

www.becomeaba.com

Funding Options: Private Insurance, Private Pay

Beyond Behavior ABA

5500 240th Street

Ames, IA 50014

Phone: 515-337-9772

www.beyondaba.org

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Beyond Behavior ABA

3625 Utica Ridge Road, Suite E

Bettendorf, IA 52722

563-526-0424

www.beyondaba.org

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Beyond Behavior ABA

2750 Mount Pleasant Street, Suite 106

Burlington, IA 52604

319-450-7776

www.beyondaba.org

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Beyond Behavior ABA

1111 Plaza Dr.

Carroll, IA 51401

563-748-1237

www.beyondaba.org

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Beyond Behavior ABA

215 4th Ave. SE, Suite 100

Cedar Rapids, IA 52401

319-409-7418

www.beyondaba.org

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Beyond Behavior ABA

240 N. Bluff Blvd., Suite 201
Clinton, IA 52732
563-526-0461

www.beyondaba.org

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Beyond Behavior ABA

20 N.14th Street
Denison, IA 51442
563-748-1237

www.beyondaba.org

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Beyond Behavior ABA

502 Market Street
Harlan, IA 51537
712-794-7899

www.beyondaba.org

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Beyond Behavior ABA

Lakeview (Fall 2026 opening)
563-748-1237

www.beyondaba.org

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Beyond Behavior ABA

2016 Cedar Plaza Drive, Suite 9
Muscatine, IA 52761
563-526-0425

www.beyondaba.org

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Beyond Behavior ABA

209 20th St. NW
Waverly, IA
563-596-6704

www.beyondaba.org

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Bista

4370 114th Street
Urbandale, IA 50322
515-219-7999, urbandale@bistacenter.org

<https://www.bistacenter.org/>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Blue Gems ABA in-home ABA

14611 West Center Road
Omaha, NE 68144
402-807-7447

<https://bluegemsaba.com>

Funding options: Private Insurance, Private Pay

Blue Gems ABA in-home ABA

14301 FNB Parkway Suite 100
Omaha, NE 68154
402-807-7447

<https://bluegemsaba.com>

Funding options: Private Insurance, Private Pay

Briar Cliff University

3303 Rebecca Street
Sioux City, Iowa 51104
712-279-5480

<https://www.briarcliff.edu/about/our-campus/buildings-and-facilities/clinics/behavior-analysis-clinic>

Funding options: Donation requested

Caravel Autism Health

2323 SW State Street, Suite D
Ankeny, IA 50023

<https://caravelautism.com/contact-us/>, Intake phone 515-854-3561

<https://caravelautism.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Caravel Autism Health

4505 Utica Ridge Road
Bettendorf, IA 52722

<https://caravelautism.com/contact-us/>, Intake phone 563-363-6267

<https://caravelautism.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Caravel Autism Health

5374 Eastern Avenue, Suite 600
Davenport, IA 52807

<https://caravelautism.com/contact-us/>, Intake phone 563-278-2306

<https://caravelautism.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Caravel Autism Health

2055 Holliday Drive, Suite 530
Dubuque, IA 52002

<https://caravelautism.com/contact-us/>, Intake phone 563-794-6057

<https://caravelautism.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Caravel Autism Health

1125 Dina Court, Suite A

Hiawatha, IA 52233

<https://caravelautism.com/contact-us/>, Intake phone 319-343-5320

<https://caravelautism.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Caravel Autism Health

2545 North Dodge Street, Suite A

Iowa City, IA 52245

<https://caravelautism.com/contact-us/>, Intake phone 319-988-6131

<https://caravelautism.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Caravel Autism Health

2435 106th Street

Urbandale, IA 50322

<https://caravelautism.com/contact-us/>, Intake phone 515-298-5913

<https://caravelautism.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Carelinks ABA Therapy

In-home ABA ages 2-20 years (Des Moines, Cedar Rapids, Davenport, Iowa City, and throughout Iowa)

6165 N.W. 86th Street

Johnston, Iowa, 50131

www.carelinksaba.com, 515-344-3499, info@carelinksaba.com

Funding options: Medicaid, Private Insurance, Private Pay

Catalyst Behavior Solutions

1105 W. Russell Street

Sioux Falls, SD 57104

866-569-7395

<https://catalystbehavior.com/sioux-falls-sd>

Funding options: Private Insurance, Private Pay

ChildServe

1915 Philadelphia Street

Ames, IA 50010

515-232-7220

<https://www.childserve.org/>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

ChildServe

2350 Oakdale Blvd.

Coralville, IA 52241

319-351-5437

<https://www.childserve.org/>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

ChildServe

1661 Boyson Square Drive, Suite 100

Hiawatha, IA 52233

319-777-7450

<https://www.childserve.org/>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

ChildServe

5406 Merle Hay Road

Johnston, IA 50131

515-727-8750

<https://www.childserve.org/>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Circle City ABA

1250 SW State Street

Ankeny, IA 50023

319-382-9318, admissions@circlecitcityaba.com

<https://circlecitcityaba.com>

Funding options: Medicaid, Private Insurance

Circle City ABA

5945 Rockwell Dr. NE

Cedar Rapids, IA 52404

319-382-9318, admissions@circlecitcityaba.com

<https://circlecitcityaba.com>

Funding options: Medicaid, Private Insurance, Private Pay

Circle City ABA

5627 NW 86th Street, Suite 300

Johnston, IA 50131

319-382-9318, admissions@circlecitcityaba.com

<https://circlecitcityaba.com>

Funding options: Medicaid, Private Insurance, Private Pay

Developmental Wellness

910 Washington Street

Pella, IA 50219

515-664-3422, info@developmentalwellness.com

<https://developmentalwellness.com/>

Funding options: Private Insurance, Private Pay

Dordt University Thrive Center

700 7th Street NE
Sioux Center, IA 51250
712-722-6951

<https://www.dordt.edu/about-dordt/affiliated-academic-centers/thrive-center>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Emergent Learning Clinic

2825 S. Ankeny Blvd, Suite 111
Ankeny, IA 50023

515-598-7200, info@emergentlearningclinic.com

<https://www.emergentlearningclinic.com/>

Funding options: Private Insurance, Private Pay

Gracious Growth ABA

Home-based ABA throughout Iowa

515-506-1516, info@graciousgrowthaba.com

<https://graciousgrowthaba.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Great Day ABA

Home-based ABA, Des Moines area

referrals@greatdayaba.com or at 515-303-0787 ext. 0

<https://www.greatdayaba.com/about>

Funding options: Medicaid, Private Insurance, Private Pay

Heartland ABA

In-home ABA for ages 2-25 years (Cedar Rapids, Davenport, Dubuque, and throughout Iowa)

699 Walnut Street 4th Fl.

Des Moines, IA, 50309

(515) 514-1600, Intake@HeartlandBehavior.com

<https://www.heartlandbehavior.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Hills and Dales Autism Clinic- Community Center

3505 Stoneman Road

Dubuque, IA 52002

563-556-7878

<https://www.hillsdales.org/autism>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Hills and Dales Autism HD Clinic- Windsor Park

801 Davis Street

Dubuque, IA 52001

563-556-7878

<https://www.hillsdales.org/autism>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Hills and Dales Autism HD Clinic- Dyersville

1213 12th Ave. SE #103
Dyersville, IA 52040
563-556-7878

<https://www.hillsdales.org/autism>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Hills and Dales Autism HD Clinic- Maquoketa

115 S. 2nd St.
Maquoketa, IA 52060
563-556-7878

<https://www.hillsdales.org/autism>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Ike and Ivy Learning

20 W. 6th Street, Suite 302
Spencer, Iowa 51301
712-260-7840, info@ikeivylearning.com

Funding options: Medicaid, Private Insurance, Private Pay

InterAct ABA

941 4th Avenue
Sibley, IA 51249
712-720-7885

<https://www.interactaba.com>

Funding options: Medicaid, Private Insurance, Private Pay

Innovative Behavioral Therapy

915 Main Street
Adel, IA 50003
712-478-1248, ashley@innovativebehavioraltherapy.com

<https://www.innovativebehavioraltherapy.com/>

Funding options: Private Insurance, Private Pay

Jaybird ABA

202 S 9th Street
Indianola, IA 50125
515-335-8177, Jaybirdaba@gmail.com

<https://jaybirdaba.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Kind and Uplifting ABA (Clinic, in-home, or school/daycare)

9203 Northpark Drive
Johnston, IA
515-303-0472, admin@kindandupliftingaba.com

<https://kindandupliftingaba.com>

Funding options: Medicaid, Private Insurance, Private Pay

KMK Consulting, Inc. (In home ABA)

Bettendorf, IA 52722

773-677-4925

Funding options: Autism Support Program, Private Insurance, Private Pay

Learn Play Academy

116 N Elm Street Suite 2

Cresco, IA 52136

563-203-2327, bethanyh@learnplayacademy.com

<https://www.learnplayacademy.org/>

Funding options: Medicaid, Private Insurance, Private Pay

Lighthouse Autism Center

2300 Main Street #301

Cedar Falls, IA 50613

563-526-0533

<https://lighthouseautismcenter.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Lighthouse Autism Center

2811 Wiley Boulevard SW

Cedar Rapids, Iowa 52404

563-526-0533

<https://lighthouseautismcenter.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Lighthouse Autism Center

1310 19th Avenue NW, Suite 1

Clinton, Iowa 52732

563-526-0533

<https://lighthouseautismcenter.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Lighthouse Autism Center

1702 W Broadway

Council Bluffs, Iowa 51501

563-526-0533

<https://lighthouseautismcenter.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Lighthouse Autism Center

5354 Elmore Circle

Davenport, Iowa 52807

563-526-0533

<https://lighthouseautismcenter.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Lighthouse Autism Center

1045 12th Avenue

East Moline, Illinois 61244

563-526-0533

<https://lighthouseautismcenter.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Lighthouse Autism Center

3297 Armar Drive

Marion, Iowa 52302

563-526-0533

<https://lighthouseautismcenter.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Lighthouse Autism Center

304 W Washington St

Mount Pleasant, Iowa 52641

563-526-0533

<https://lighthouseautismcenter.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Lighthouse Autism Center

5 Lions Drive

North Liberty, Iowa 52317

563-526-0533

<https://lighthouseautismcenter.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Lighthouse Autism Center

7200 World Communications Drive, Suite 202

Omaha, Nebraska 68122

402-534-1486

<https://lighthouseautismcenter.com/>

Funding options: Private Insurance, Private Pay (Not currently accepting Iowa Medicaid at this location.
Call to express need)

Lighthouse Autism Center

3309 Daniels Lane

South Sioux City, Nebraska 68776

402-534-1486

<https://lighthouseautismcenter.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Lighthouse Autism Center

3032 Ansborough Avenue

Waterloo, Iowa 50701

563-526-0533

<https://lighthouseautismcenter.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Midwest Autism & Therapy Center (Center-based therapy services for children ages 2-4 and home-based therapy for children ages 5+.)

950 28th Ave. SW, Suite 2

Altoona IA, 50009

515-446-2075

<https://midwestautismservices.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Midwest Autism & Therapy Center (Center-based therapy services for children ages 2-4 and home-based therapy for children ages 5+.)

2405 N. Ankeny Blvd

Ankeny, IA 50023

515-446-2080

<https://midwestautismservices.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Midwest Autism & Therapy Center (Center-based therapy services for children ages 2-4 and home-based therapy for children ages 5+.)

295 SE Westown Parkway

Waukee, IA 50263

515-446-3403

<https://midwestautismservices.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Midwest Autism & Therapy Center (Center-based therapy services for children ages 2-4 and home-based therapy for children ages 5+.)

1280 Office Plaza Drive

West Des Moines, IA 50266

515-446-3420

<https://midwestautismservices.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Munroe-Meyer Institute integrated Center for Autism Spectrum Disorders

ACT Clinic

9012 Q Street

Omaha, NE 68127

402-552-9756

<https://www.unmc.edu/mmi/services/icasd/index.html>

Funding options: Medicaid-limited, Autism Support Program, Private Insurance, Private Pay

Munroe-Meyer Institute integrated Center for Autism Spectrum Disorders

ACTION Clinic

5050 Ames Avenue

Omaha, NE 68104

402-836-9781

<https://www.unmc.edu/mmi/services/icasd/index.html>

Funding options: Medicaid-limited, Autism Support Program, Private Insurance, Private Pay

New View Autism Clinic

8550 New York Avenue

Urbandale, Iowa 50322

515-630-0274, admin@newviewautism.com

<https://www.newviewautism.com/>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Pier Center for Autism

3895 Stadium Drive

Sioux City, IA 51106

712-522-2961

<http://www.piercenter.org/>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Radical Minds – Multiple Omaha area locations

13322 I Street

Omaha, NE 68137

402-230-5861

<https://radicalmindsomaha.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Rise ABA

1524 14th Street

Rock Valley, IA 51247

712-470-8211

<https://www.riseaba.org/>

Funding options: Medicaid, Private Insurance, Private Pay

Rise ABA

1320 Lake Street

Spirit Lake, IA 51360

712-470-8211

<https://www.riseaba.org/>

Funding options: Medicaid, Private Insurance, Private Pay

Spirit ABA

Home-based ABA throughout Iowa

303-276-3995, info@spiritaba.com

<https://spiritaba.com/>

Funding options: Medicaid, Private Insurance, Private Pay

Step Ahead ABA In-home ABA for ages 1-21 years (Cedar Rapids, Des Moines, Iowa City)

888-294-0732, intake@stepaheadaba.com

www.StepAheadABA.com

Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6)

349 Edgewood Rd NW

Cedar Rapids, IA 52405

515-207-5251, info@stridecenters.com

www.stridecenters.com (patients can submit a contact form on site)

Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6)

9902 Swanson Blvd.

Clive, IA 50325

515-207-5251, info@stridecenters.com

www.stridecenters.com (patients can submit a contact form on site)

Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6)

2850 Coral Court

Coralville, IA 52241

515-207-5251, info@stridecenters.com

www.stridecenters.com (patients can submit a contact form on site)

Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6)

3402 Elmore Avenue, Suite 46

Davenport, IA 52807

515-207-5251, info@stridecenters.com

www.stridecenters.com (patients can submit a contact form on site)

Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6) - West Davenport

902 W. Kimberly Road, Suite 46

Davenport, IA 52806

(515) 207-5251, info@stridecenters.com

www.stridecenters.com (patients can submit a contact form on site)

Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6)

100 East Euclid Ave

Des Moines, IA 50313

515-207-5251, info@stridecenters.com

www.stridecenters.com (patients can submit a contact form on site)

Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6)

2680 Fleur Drive

Des Moines, IA 50321

515-207-5251, info@stridecenters.com

www.stridecenters.com (patients can submit a contact form on site)

Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6)

1327 Boyson Road

Hiawatha, IA 52233

515-207-5251, info@stridecenters.com

www.stridecenters.com (patients can submit a contact form on site)

Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6)

8835 Northpark Court

Johnston, IA 50131

515-207-5251, info@stridecenters.com

www.stridecenters.com (patients can submit a contact form on site)

Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6)

4280 Sergeant Road, Suite 230

Sioux City, IA 51106

515-207-5251, info@stridecenters.com

www.stridecenters.com (patients can submit a contact form on site)

Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6)

3001 86th Street

Urbandale, IA 50322

515-207-5251, info@stridecenters.com

www.stridecenters.com (patients can submit a contact form on site)

Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6)

Waukee, IA

515-207-5251, info@stridecenters.com

www.stridecenters.com (patients can submit a contact form on site)

Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6)

4546 Corporate Drive, Suite 135

West Des Moines, IA 50266

515-690-6884, info@stridecenters.com

www.stridecenters.com (patients can submit a contact form on site)

Funding options: Medicaid, Private Insurance, Private Pay

Stride Autism Centers (Ages 2-6) - Omaha, NE

310 Regency Parkway Suite 115

Omaha, NE 68114

515-207-5251, info@stridecenters.com

www.stridecenters.com (patients can submit a contact form on site)

Funding options: Private Pay, Private Insurance, (this Omaha location accepts IA Medicaid, but not all BCBA's there are in-network at this time)

Stride Autism Centers (Ages 2-6) - West Omaha, NE

2542 South 130th Avenue

Omaha, NE 68144

515-207-5251, info@stridecenters.com

www.stridecenters.com (patients can submit a contact form on site)

Funding options: Private Pay, Private Insurance

University of Iowa Stead Family Children's Hospital Autism Center (brief therapy, primarily internal referrals)

100 Hawkins Drive

Iowa City, IA 52242

319-353-6900

<https://uichildrens.org/medical-services/autism>

Funding options: Medicaid, Autism Support Program, Private Insurance, Private Pay

Online Resources

- **Autism Internet Modules**

Free, online professional learning. Designed for those who support, instruct, work with, or live with someone with autism, the Autism Internet Modules (AIM) guide users through case studies, instructional videos, pre- and post-assessments, discussion questions, activities, and more.

<https://autisminternetmodules.org/>

- **Help Is in Your Hands**

Free online video training modules for families of very young children with social communication challenges. Modules include narrated video lessons and examples of real parents and children interacting in their own homes, with suggestions for follow-up activities parents can try.

<https://www.helpisinyourhands.org/>

- **MIND Institute ADEPT (Autism Distance Education Parent Training) Interactive Learning**

Free 10-lesson interactive, self-paced, online learning module providing parents with tools and training to more effectively teach their child with autism functional skills using applied behavior analysis (ABA) techniques.

<https://www.ucdmc.ucdavis.edu/mindinstitute/centers/cedd/adept.html>

- **Vanderbilt Kennedy Center Treatment and Research Institute for Autism Spectrum Disorders (TRIAD)**

Free Brief Online Training Sessions (BOTS) to provide information on evidence-based practices for individuals with Autism Spectrum Disorder.

<https://vkc.vumc.org/vkc/triad/online/>

What Else Can I Do?

- If your child is younger than 3 years old:
 - Call Early ACCESS at 888-425-4371. For more information about Early ACCESS visit: <https://educate.iowa.gov/pk-12/early-childhood/early-access>.
- If your child is 3 years or older:
 - Call your local school or Area Education Agency (AEA). To find your AEA, visit: <https://iowaaea.org/find-my-aea/>.
- Contact the Iowa Regional Autism Assistance Program (RAP).
 - Address: 100 Hawkins Drive, Iowa City, IA 52242
 - Phone: 866-219-9119
 - Email: Iowa-RAP@uiowa.edu
 - Website: <https://uihc.org/childrens/RAP>

Common Medical Interventions for Children with ASD

- **Speech language therapy**
 - Teaches children how to talk with and understand others.
- **Occupational therapy**
 - Teaches children how to use their muscles to move and do tasks.
 - Helps children become more independent and learn self-care skills.
- **Physical therapy**
 - Helps with movement like sitting, walking, running, and jumping.
 - Improves coordination, muscle tones, and balance for better movement.
- **Applied behavior analysis (ABA)**
 - Teaches skills in communication, building relationships, daily living, learning, emotional regulation, play and leisure, and behavior management based on the child's needs.
 - Breaks down skills into small steps.
 - Reinforces positive behaviors to encourage learning and skill development.
 - Helps families integrate and teach goals within the child's daily life and routines.
- **Behavioral health services**
 - Given by social workers, psychologists, and mental health counselors.
 - Helps children with conditions like attention-deficit/hyperactivity disorder (ADHD), disruptive behavioral disorders, depression, or anxiety.
 - Can help the child or the whole family learn and strengthen skills to address problem behaviors.