The Care You Need Worksheet

True or False?

 My medication label says I should take my medication with food in 	
the morning. I should take my medication with breakfast.	
True	False
 I can share my medications with anyone I want to. 	
True	False
• I forgot to take my medications, but that is OK. I will just skip a day.	
True	False
• My medication label says to take 1 pill a day, but I can take more if	
l want to.	
True	False
• I can't remember if I took my medication, but it doesn't matter.	
True	False
 I should update my medication list when I get a new medication. 	
True	False
 I don't need to worry about what my medication label says. I can 	
take my medication any time I want to.	
True	False
I have a rash and I think it might be from my medication. I should:	
Call my doctor right away.	
True	False

The Care You Need Worksheet

Circle the items you need to take with you on the day of

your surgery:





















